The Visual Framework

Clean Drill Hierarchy

1) Dot Accuracy

The dot defines everything else. The start and end of each move must be clean.

2) Correct Path

Path can only be fixed based on correct dots. Wrong paths causes spacing errors.

3) Even Step Size

Step size is dependent on path. The first and last steps are often cheated.



General Must Do's

- Visual Cues

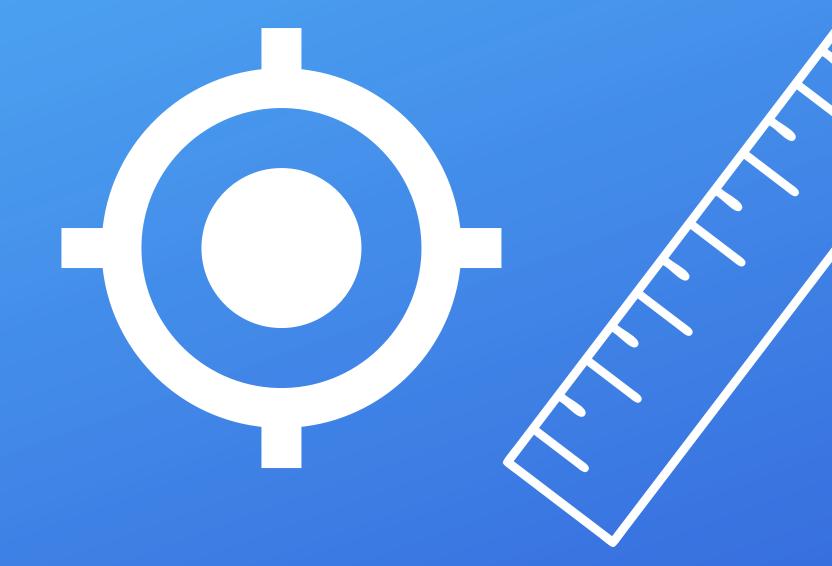
Use peripheral vision. Look for field markings. Keep and eye on other performers.

- Know Every Set

Know the exact coordinate and how you fit in the form. Know the count structure.

- Focus on Fundamentals

Good music and visual fundamentals are the basis of everything else.



Individual Priorities

1) Posture

Before anything else, posture must be correct. Maintain posture on the move.

2) Foot Timing

Pulse in the feet is critical. Verbalize counting while moving in rehearsal.

3) Style in the Feet

Continually strive for perfect style in the feet.

